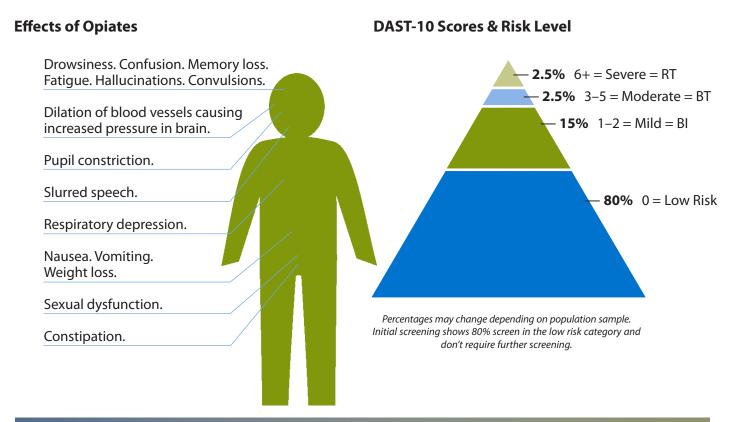


healthvermont.gov • sbirt.vermont.gov • 802-225-6066





## **Effects of Marijuana**

### Short-term

- Anxiety and panic
- Problem-solving difficulty
- Impaired attention and memory
- Impaired coordination and judgment, especially when driving within 24 hours
- Cardiac problems for people with heart disease or high blood pressure, because marijuana increases the heart rate

### Long-term

- Weight gain due to overeating
- Erectile dysfunction & fertility difficulties due to low sperm production
- Lack of motivation
- Chronic bronchitis
- Lung cancer

# **Effects of Cocaine**

### Short-term

- Intense high followed by depression
- Poor appetite & sleep hygiene
- Increased heart rate & blood pressure
- Paranoia & anxiety
- Increased aggression

### Long-term

- Sleep deprivation
- Malnutrition
- Tooth decay
- Impaired sexual function
- · Heart attacks and strokes