

General Wellness Questions

Because WE CARE, we ask EVERYONE about behaviors that affect your health.

Do you have a regular doctor?

Yes No

Have you been for a check up in the last year?

Yes No

How often do you wear your seatbelt?

Always Most of the time Rarely Never

How often do you text while driving?

Always Most of the time Rarely Never Not Applicable

During the week, how much time do you spend a day NOT COUNTING SCHOOL OR WORK watching TV, playing video games, using a tablet or phone to play games, watch a video or look at social media?

0-2 hours 2-4 hours 4-6 hours More than 6 hours

On the weekend, how much time do you spend a day NOT COUNTING SCHOOL OR WORK watching TV, playing video games, using a tablet or phone to play games, watch a video or look at social media?

0-2 hours 2-4 hours 4-6 hours More than 6 hours