

Jody L. Kamon, Ph.D.

Curriculum Vita

Contact Information:

Center for Behavioral Health Integration, LLC

16 Rosewood Trail

Essex Junction, VT 05452

Office : (802) 225-6066

Cell and Primary Contact: (802) 999-1676

Professional Licenses

Apr 2007 – present Licensed Clinical Psychologist – Doctorate
State of Vermont

Current Employment

Aug 2008 – present Center for Behavioral Health Integration, Montpelier, VT

Position: Co-owner of a company providing training, consultation, and program evaluation on behavioral healthcare initiatives. Current projects include implementation of statewide federal grants in Vermont and Virginia to implement screening and brief intervention for addiction and mental health services into medical and community settings; evaluation of peer recovery services and supports; evaluation of the Vermont Children’s Hospital’s community embedded clinic effort – Building Resilient Families; evaluation consultant on effort to assess the need/demand and capacity for substance abuse treatment in the State of Virginia; and clinical supervision, training and coaching with an emphasis on motivational interviewing and cognitive behavior therapy.

Education & Training

Jul 2003 – June 2006 National Institute on Drug Abuse Postdoctoral Fellowship, Behavioral Pharmacology and Treatment of Drug Abuse, Department of Psychiatry, University of Vermont, Burlington, VT

Jul 2002 – Jun 2003 American Psychological Association Accredited Pre-Doctoral Internship, Institute for Juvenile Research, University of Illinois at Chicago, Chicago, Illinois.

Sep 1997 – Oct 2003 University of Vermont, Burlington, Vermont
Ph.D. in Clinical Psychology with a specialization in Child Psychology

Sep 1992 – Dec 1995 University of Michigan, Ann Arbor, Michigan
B. A. in Psychology and Communications

Honors and Awards:

2012 Bronze level recognition in Professional Outreach for the ECCO (Excellence in Community Communications and Outreach) awards, awarded by the Technical Assistance Partnership for Child and Family Mental Health

- 2011 Silver level recognition, Honoring Excellence in Evaluation award, awarded by the Technical Assistance Partnership for Child and Family Mental Health
- 2004 Clinical Loan Repayment Program, National Institutes of Health
- 2004 Director's Travel Award to the annual meeting of the College on Problems of Drug Dependence, National Institute on Drug Abuse
- 1999 Travel Mini-Grant, Graduate College and Department of Psychology, University of Vermont
- 1998 Travel Mini-Grant, Graduate College and Department of Psychology, University of Vermont
- 1995 Graduated University of Michigan "With Distinction"

Professional Memberships:

American Psychological Association
 Vermont Evaluation Network

Publications:

- Turner, W., Hyde, J., Kamon, J., Hancock, G., & Seelig, A. (in press). SBIRT for cannabis use: Improving clinical competencies for a changing cultural landscape. In M.D. Cimini & J.L. Martin (Eds.) *Screening, brief intervention, and referral to treatment for substance use: A practitioner's guide*. American Psychological Association.
- Turner, W., Hyde, J., Seelig, A., & Kamon, J. (2018). *A Practitioner's Guide for Cannabis Intervention*. Montpelier, VT: Center for Behavioral Health Integration, LLC.
- Trudeau, K. J., Black, R. A., Kamon, J. L., & Sussman, S. (2017). A Randomized Controlled Trial of an Online Relapse Prevention Program for Adolescents in Substance Abuse Treatment. In *Child & Youth Care Forum* (pp. 1-18). Springer US.
- Avila, M.M., Kamon, J.L., & Beatson, J.E. (2016). Addressing health disparities through cultural and linguistic competency trainings. *ABNF Journal*, 27(4), 83-87.
- Avila, M. & Kamon, J. (2015). "Cultural and Linguistic Competence in Medical and Mental Health Education". In J. Aiken, L. Johnson Flash, W. Heading-Grant, F. Miller (Eds.), *Theory to Practice: Fostering Diverse and Inclusive Campus Environments* (25-33). Ypsilanti, MI: National Council of Professors of Educational Administration (NCPEA) Publishers.
- Rettew, D.C., Greenblatt, J., Kamon, J., Neal, D., Harder, V., Wasserman, R., Berry, P., MacLean, C.D., Hogue, N., & McMains, W. (2015). Antipsychotic medication prescribing in children enrolled in Medicaid. *Pediatrics*, 135(4), 658-665.
- Ulaszek, W.R., Lin, H., Frisman, L.K., Sampl, S., Godley, S.H., Steinberg-Gallucci, K.L., Kamon, J., & O'Hagan-Lynch, M. (2012). Development and initial validation of a client-rated MET-CBT adherence measure. *Substance abuse: Research and treatment*, 6: 85-94.
- Stanger, C., Budney, A. J., Kamon, J. L., & Thostensen, J. (2009). A randomized trial of contingency management for adolescent marijuana abuse and dependence. *Drug and alcohol Dependence* 105, 240-247.
- Solomon, L. J., Hughes, J. R., Livingston, A., Naud, S., Callas, P. W., Peters, E. N., Kamon, J., & Etter, J. (2009). Cognitive barriers to calling a smoking quitline. *Nicotine and Tobacco Research*.
- Bronstein, P., Fox, B. J., Kamon, J. K., & Knolls, M. L. (2007). Parenting and gender as predictors of moral courage in late adolescence: A longitudinal study. *Sex Roles*, 56(9-10), 661-674.

- Burstein, M., Stanger, C., Kamon, J., & Dumenci, L. (2006). Parent psychopathology, parenting, and child internalizing problems among substance-abusing families. *Psychology of Addictive Behaviors, 20*(2), 97-106.
- Kamon, J., Stanger, C., Budney, A., & Dumenci, L. (2006). Relations between parent and adolescent problems among adolescents presenting for family-based marijuana abuse treatment. *Drug and Alcohol Dependence, 85*, 244-254.
- Kamon, J., Tolan, P., & Gorman-Smith, D. (2005). Interventions for adolescent psychopathology: Linking treatment and prevention. D. A. Wolfe & E. J. Mash (Eds.), *Behavioral and Emotional Disorders in Adolescents: Nature, Assessment and Treatment*. New York: Guilford Press.
- Kamon, J., Budney, A., & Stanger, C. (2005). A Contingency management intervention for adolescent marijuana abuse and conduct problems. *Journal of the American Academy of Child and Adolescent Psychiatry, 44*(6), 513-522.
- Vandrey, R., Budney, A. J., Kamon, J. L., & Stanger, C. (2005). Cannabis withdrawal in adolescent treatment seekers. *Drug and Alcohol Dependence, 78*(2), 205-210.
- Stanger, C., Dumenci, L., Kamon, J., & Burstein, M. (2004). Parenting and children's externalizing problems in substance abusing families. *Journal of Clinical Child and Adolescent Psychology, 33*(3), 590-600.
- Kamon, J. & Jacobsen, T (2002). Navigating the bonds of attachment: Determining risk and protective factors for young children in the welfare system. *Newsletter for the American Bar Association, December: 2-3* [Newsletter]
- Stanger, C., Kamon, J., Dumenci, L., Higgins, S., Bickel, W., Grabowski, J., et al. (2002). Predictors of internalizing and externalizing problems among children of cocaine and opiate dependent parents. *Drug and Alcohol Dependence, 66*, 199-212.

Key Professional Presentations:

- Turner, W. & Kamon, J. (2019). Advances in Identifying and Engaging Cannabis Users in Medical Settings. Workshop presentation at the 43rd Annual AMERSA National Conference. Boston, MA.
- Evans, B., Kamon, J., & Turner, W. (2019). Vermont Strong: Lessons in Implementation and Sustainability from a Five-year SBIRT Effort. Poster presented at the Annual Addiction Health Sciences Research Conference. Park City, UT.
- Avila, M., Diambou, V., Kamon, J., Dahal, B., Sikyala, S., Bulle, N., & Neopanney, R. (2018). Community Driven Best Practices to Address Behavioral Health Disparities in Refugee and Immigrant Populations. Workshop presentation at the Annual North American Refugee Health Conference. Portland, OR.
- Turner, W., & Kamon, J. (2016). Screening Brief Intervention and Referral to Treatment (SBIRT) Breakdown. Workshop at the 11th Annual Vermont Working with Youth Conference. Fairlee, VT.
- Turner, W., Kamon, J., & Seelig, A. (2016). Seeing through the Smoke: Searching for a more potent marijuana intervention. Presentation at the Annual SAMHSA SBIRT Grantee Meeting. Bethesda, MD.
- Delaney T, Kamon J, Suter J. (2014) Young adults' perspectives on access and involvement with a mental health system of care. Paper presented at the 27th Annual Children's Mental Health Research and Policy Conference. Tampa, FL.
- Kamon, J., Suter, J., & Delaney, T. (2014). Relations between mental health, substance use, health and health care utilization among young adults. Poster presented at the 27th Annual Children's Mental Health Research and Policy Conference. Tampa, FL.

- Kamon, J., Delaney, T., & Suter, J. (2014). Longitudinal outcomes for young adults in Vermont's system of care at one year follow-up. In B. Bean, (Chair), Building the bridge to adulthood: Vermont's youth in transition grant. Symposium conducted at the 27th Annual Children's Mental Health Research and Policy Conference.
- Avila, M. & Kamon, J. (2014). Building cultural and linguistic competence in a system of care. In B. Bean, (Chair), Building the bridge to adulthood: Vermont's youth in transition grant. Symposium conducted at the 27th Annual Children's Mental Health Research and Policy Conference.
- Delaney T., Kamon J., & Suter J. (2012, July). Healthcare utilization and quality among young adult clients in a mental health system of care. Poster presented at the Georgetown University Training Institutes National Meeting. Orlando, FL.
- Kamon, J., Turner, W., Villapiano, A., Trudeau, K., & Stein, D. (2012, April). The CHAT: A quality, sustainable way to conduct co-occurring assessments with youth presenting for treatment services. Poster presented at the Joint Meeting of Adolescent Treatment Effectiveness. Washington, DC.
- Suter, J. C., Kamon, J. L., and Delaney, T. V. (2012, March). Criminal Justice System Involvement of System of Care Youth. Poster presentation at the 25th Annual Research Conference, A System of Care for Children's Mental Health: Expanding the Research Base, Tampa, FL.
- Delaney, T. V., Kamon, J. L., and Suter, J. C. (2012, February). Meeting the mental health needs of youth in transition: Selected data from the Vermont system of care initiative. Pediatric Grand Rounds. University of Vermont College of Medicine, Burlington, VT.
- Suter, J. C., Kamon, J., Delaney, T., Duncan, P., & Frankowski, B. (2011, March). *Initial Development of the Young Adult Strengths Questionnaire*. Paper presentation at the 24th Annual Research Conference, A System of Care for Children's Mental Health: Expanding the Research Base, Tampa, FL.
- Delaney, T., Kamon, J., & Suter, J. C. (2011, March). *Evaluating access and barriers to services in a young adult system of care*. Poster presentation at the 24th Annual Research Conference, A System of Care for Children's Mental Health: Expanding the Research Base, Tampa, FL.
- Kamon, J, Turner, W., Ramniceanu, A., & Bryant, R. (2010, December). Evaluation of two community-based adolescent recovery oriented system of care programs. Paper presented at the Joint Meeting on Adolescent Treatment Effectiveness, Baltimore, MD.
- Kamon, J. & Turner, W.C. (2008, March). Incentives and barriers to implementation of evidence-based practices: The case of MET/CBT 5 treatment protocol. Poster presented at the annual Joint Meeting on Adolescent Treatment Effectiveness, Washington, DC.
- Kamon, J., McGovern, M. P., Lambert-Harris, C.A., & Turner, W.C. (2007, June). *Differential dose response among adolescents receiving a brief intervention for substance use problems*. Paper presented at the annual meeting of the College on Problems of Drug Dependence, Quebec City, Quebec, CA.
- Kamon, J. (2005, August). *Development, evaluation, and dissemination of family-based treatments for adolescent substance abuse*. Symposium presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Kamon, J., Budney, A., & Stanger, C. (2005, August). *Efficacy of a contingency-management intervention for adolescent marijuana abuse*. Paper presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Kamon, J., Budney, A., Dennis, M., & Funk, R. (2005, June). *Prevalence and correlates of withdrawal in adolescents presenting for substance-abuse treatment*. Paper presented at the annual meeting of the College on Problems of Drug Dependence, Orlando, FL.

- Budney, A., Stanger, C., & Kamon, J. (2005, June). *Novel behavioral treatments for adolescent marijuana abusers and their parents*. Paper presented at the annual meeting of the College on Problems of Drug Dependence, Orlando, FL.
- Kamon, J., Stanger, C., Budney, A., Rocha, H., & DeCoster, A. (2004, June). *Changes in marijuana use, externalizing, and parenting among treated adolescent marijuana abusers*. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Stanger, C., Budney, A., Kamon, J., & Rocha, H. (2002, August). Contingency management in the treatment of adolescent marijuana abusers. In Alan J. Budney, (Chair), *New interventions for marijuana abuse in adults and adolescents*. Symposium conducted at the 110th annual meeting of the American Psychological Association, Chicago, IL.
- Stanger, C., Budney, A., Kamon, J., Rocha, H., & Begnoche, T. (2002, June). *Parental monitoring predicts abstinence in a contingency-management treatment of adolescent marijuana abuse*. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, Quebec City, Quebec, Canada.
- Kamon, J. L., Stanger, C., Higgins, S. T., Bickel, W. K., Kirby, K. C., Elk, R., et al. (2000, June). *Relations between family problems and child psychopathology for children of cocaine versus opiate dependent parents*. Poster session presented at the annual meeting of the Society for Prevention Research, Montreal, Quebec, Canada.
- Kamon, J. L., Stanger, C., Higgins, S. T., Bickel, W. K., Kirby, K. C., Elk, R., et al. (1999, August). *Predicting psychopathology among children of drug abusers: A theoretical model*. Poster session presented at the 107th annual meeting of the American Psychological Association, Boston, MA.

Research and Service Award Support:

Present support:

Principal Investigator: Andrea Green
OneCare and Vermont Community Foundation

The major goal of this project is to establish a model for providing well-care and anticipatory group-based guidance to refugee families of children ages 0 to 5.

Principal Investigator: Mark Redmond
CSAT: TI-18-007

The major goal of this project is to develop and implement Screening, Brief Intervention and Referral to Treatment for substance use and mental health problems within medical care settings.

Role: Program evaluator

Principal Investigator: Mellie Randall
CSAT: TI026665-01

The major goal of this project is to develop and implement Screening, Brief Intervention and Referral to Treatment for substance use and mental health problems within medical care settings.

Role: Program evaluator

Principal Investigator: Fawn Montayne
CSAT: H79 TI080308-01

The major goal of this project is to enhance the Vermont Recovery Network's statewide

infrastructure to ensure sustainable peer-to-peer recovery community support services.

Role: Program evaluator

Past Support:

Principal Investigator: Maria Avila

HRSA MCH: Leadership Education in Neurodevelopmental Disabilities

The major goal of this project is to increase the number of trained providers able to provide evidence based, family-centered and culturally competent care for individuals with neurodevelopmental disabilities.

Role: Program evaluator

Principal Investigator: Barbara Cimaglio

CSAT: TI-13-012

The major goal of this project is to develop and implement Screening, Brief Intervention and Referral to Treatment for substance use and mental health problems within medical care settings.

Role: Program evaluator

Principal Investigator: Mark Ames

CSAT: TCE TI024569

The major goal of this project is to link individuals taking part in medication assisted treatment for substance abuse to peer-to-peer recovery community support services including recovery coaching.

Role: Program evaluator

Principal Investigator: Charles Biss, MA

CMHI: 0351-00-4381

The major goal of this project is to develop a system of care for young adults with Severe Emotional Disturbance, ages 16 to 21, to help them lead successful and healthy lives by providing comprehensive, coordinated mental health and related services in their communities across Vermont.

Role: Program evaluator

Principal Investigator: Annie Ramniceanu, MS, LCMHC, LADC

CSAT: TI - 021136

The major goal of this project is to develop and implement a community-based recovery oriented system of care for young adults ages 14 to 21 struggling with substance abuse and mental health problems.

Role: Evaluator

Principal Investigator: Michael McAdoo, MS

CSAT: T1-05-006

The major goal of this project is to assist the PI in infrastructure development and treatment system enhancement, in part through the dissemination of evidence based interventions, designed to improve the quality and capacity of the state-funded adolescent treatment system.

Role: Consultant on implementation of evidence based interventions

Program Director: Stephen Higgins, Ph.D.

NIH/NIDA: 5-T32-DA07242-14

The major goal of this project is to develop my knowledge and skills in conducting behavioral pharmacology research, with a focus on substance abuse.

Role: Postdoctoral Fellow/Trainee

Project Title: Internal Barriers to Seeking Smoking Cessation Treatment

Principal Investigator: John Hughes, Ph.D.

NIH/NIDA: R01 DA 017825

The major goal of this project is to develop and utilize a measure to assess internal reasons why smokers fail to access treatment services and examine the validity of identified barriers in predicting treatment seeking behavior around quitting.

Role: Postdoctoral Fellow

Project Title: Behavioral Treatment of Adolescent Marijuana Abuse

Principal Investigator: Alan Budney, Ph.D.

NIH/NIDA: R01 DA 15186-01

The major goal of this project was to develop and test contingency management intervention for the treatment of adolescent marijuana abuse.

Role: Postdoctoral Fellow, Project Manager

Project Title: Adolescent Brief Intervention and Follow-up Program for Adolescent Substance Abusers

Principal Investigator: Alan Budney, Ph.D.

Division of Alcohol and Drug Abuse Programs, State of Vermont

The major goal of this project was to develop and test an assessment and brief intervention program for adolescent substance users for the State of Vermont.

Role: Graduate Research Assistant/Clinical Research Therapist

Project Title: Outcomes for Children of Drug Abusers: A Multisite Study

Principal Investigator: Catherine Stanger, Ph.D.

NIH/NIDA: R29 DA10821-01A1

The major goals of this project were to assess child psychopathology and substance use outcomes and to identify their predictors among children of substance dependent parents.

Role: Graduate Research Assistant

Clinical Experience:

Center for Behavioral Health Integration, LLC: Clinical Supervisor and Consultant for individuals working towards licensure in social work and mental health counseling as well as for criminal justice and child welfare programs serving families in Vermont (psychologist), Clinical Supervisor for SBIRT Cultural Broker program focused on providing prevention, early intervention and case management services to refugee families (psychologist), 01/14 - Present.

Spectrum Youth and Family Services, Burlington, VT: Assessment and treatment of substance abuse and co-occurring mental health problems among at-risk, runaway, and homeless youth (psychologist), 01/12-01/14.

Treatment Research Center, Department of Psychiatry, University of Vermont, Burlington, VT: Assessment and treatment of adolescent substance abuse and co-occurring conduct problems (postdoctoral fellow), 07/03-7/05.

Disruptive Behavior Disorders Clinic, Institute for Juvenile Research, Chicago, IL: Child and adolescent assessment and treatment of externalizing disorders (psychology intern), 07/02-06/03.

Parenting Assessment Team, Institute for Juvenile Research, Chicago, IL: Assessment of parents with mental illness to determine parenting capabilities, as well as the risk and protective factors they present to their children (psychology intern), 07/02-06/03.

Center for Children, Youth, and Families, Fletcher Allen Health Care, Burlington, VT: Child and adolescent assessment and treatment of psychological disorders (doctoral practicum student), 07/99-06/00.

Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT: Child and adolescent assessment and treatment of psychological disorders (doctoral practicum student), 07/98-06/00.

Reviewer Activities:

Aug 2010 – present	Journal Reviewer	
		Journal of Substance Abuse Treatment
Jun 2014 – present	Journal Reviewer	
		Journal of Behavioral Health Services Research
Sept 2008 – Jun 2014	Journal Reviewer	
		Journal of Child and Adolescent Substance Abuse

Teaching and Training:

Cognitive Behavior Therapy for Co-Occurring Disorders Evidence Based Practice Family Engagement/Behavioral Parent Training Motivational Interviewing Motivational Enhancement Therapy/Cognitive Behavioral Therapy for the Cannabis User	National Trainer	Fall 2005 – present
The University of Vermont Lecturer/Instructor – Psychology Department		
<i>Courses taught:</i>		
Adolescence		Summer 2001
Improving Memory, Motivation, & Cognition		Summer 1999-2001
Graduate Teaching Assistant – Psychology Department		
<i>Courses:</i>		
Child Assessment		Jan 2001 – May 2001