



# STATUS REPORT

April, 2022 through September, 2023

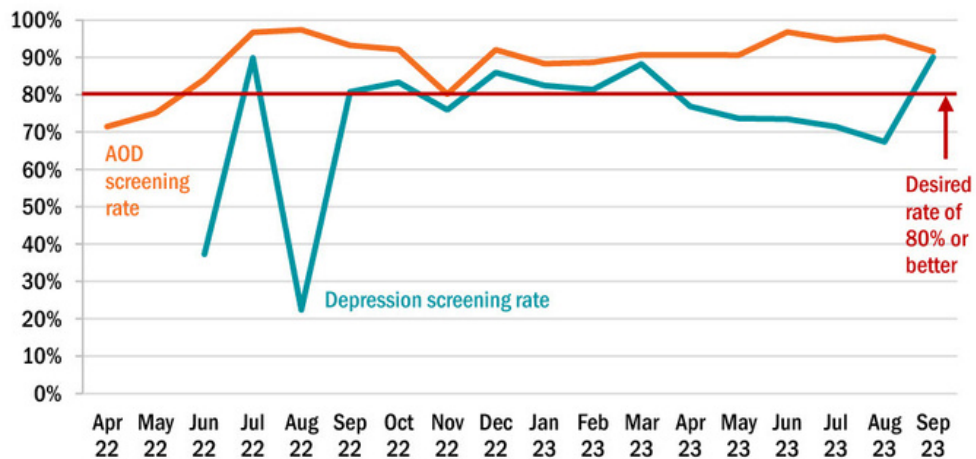


Virginia Youth Screening, Brief Intervention, and Referral to Treatment (VA YSBIRT) is a 5-year SAMHSA-funded initiative to enhance the continuum of youth substance use services throughout the state. Led by Virginia's Department of Behavioral Health and Developmental Services (DBHDS) in partnership with the Center for Advancing Prevention Excellence (CAPE), this initiative focuses on preparing pediatric healthcare practices to integrate evidence-based YSBIRT services. The goal of this work is to prepare providers to identify substance risk through universal screening, offer early intervention services to mitigate this risk, and support youth in engaging in treatment services when clinically indicated.

## 11,824 YOUTH SCREENED SO FAR!

During the first 2 years, 4 pediatric practices of different sizes began using YSBIRT, screening for substance use risk using the CRAFFT 2.1+N. Practices were already screening for depression using the PHQ-9. **Overall, sites screened over 90% of all eligible youth patients.**

### Universal screening rates stronger for alcohol and other drug (AOD) risk compared to depression but both relatively strong after initial start up - Ideal is 80% or greater

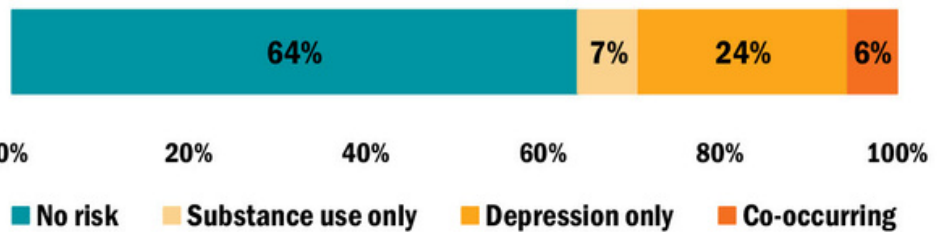


## WHO WAS SCREENED

Variable	Features	%
Gender	Female	50.9%
	Male	48.8%
	Gender diverse	33.0%
Age	12 to 14	42.5%
	15 to 17	40.5%
	18 to 21	17.0%
Ethnicity*	Latinx	19.4%
	White	54.2%
	Asian	19.7%
	Other	13.4%
	Race**	Black
	American Indian	1.5%
	Native Hawaiian/ Oth Pacific Islander	0.3%
Insurance status	Private insurance	79.6%
	Medicaid	13.6%
	Other	4.7%
	Tricare	2.1%

## PREVALENCE

### 1 of every 3 youth had some type of risk

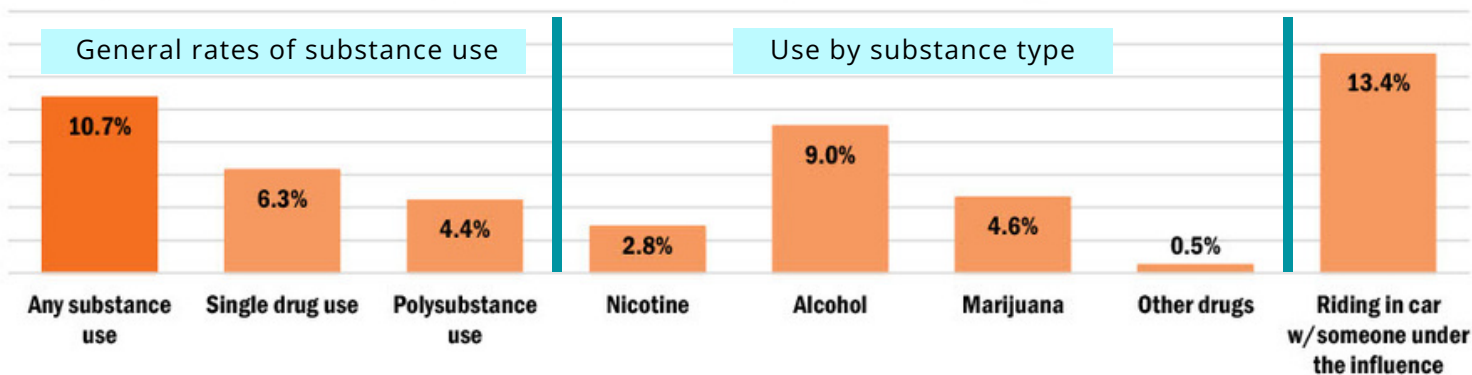


Of youth screened, 36% were positive for either alcohol or other drug (AOD) related risk alone, depression risk alone, or both AOD related and depression risk.

\*30% missing race data; \*\*40% missing ethnicity data - neither are included in the table to the left.

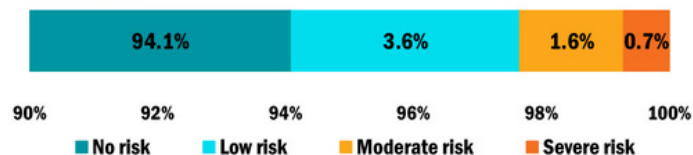
# PREVALENCE

Most youth are not reporting substance use although 1 of every 10 youth endorsed some use

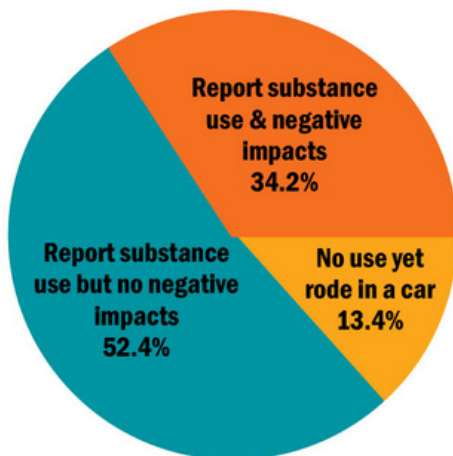


Reports of substance use in this sample are lower than national, state, and local data from anonymous youth surveys. Practices continue to examine how to promote open responding among their patients.

2.3% of youth were likely to meet criteria for a substance use disorder

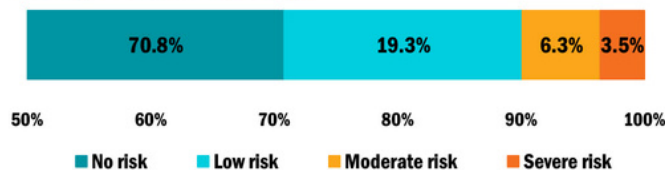


While 12.4% of youth endorsed substance use risk, over 50% did not report negative impacts associated with use



## Depression prevalence

29.2% of youth reported depression symptoms with 9.8% scoring in the clinical range



# INTERVENTION DELIVERY

## 873 INTERVENTIONS DELIVERED SO FAR!

When a youth screens positive for AOD and/or depression risk, they can receive a brief intervention at the time of screening and a referral to treatment or other ongoing intervention if clinically indicated.

The goal is ultimately for every youth who presents with some level of risk to receive at least a brief intervention with their provider at the time of screening.



50% of those with substance use risk received an intervention or were already in treatment.



67% of those with clinical depression risk received an intervention or were already in treatment.

Of note, only 5% of those with moderate to severe substance use risk were already in treatment while 25% of those with clinical depression risk were already in treatment.